



2009-2010 Athletics

Any Of This Information Is Subject To Change

FALL - Begins August 24, 2009

Cross Country
Football
Men's Soccer
Women's Soccer
Volleyball
Water Polo

TEAMS

JV, Varsity
Freshman, JV, Varsity
Freshman, JV, Varsity
JVII, JV, Varsity
JVII, JV, Varsity
JV, Varsity

WINTER - Begins November 9, 2009

Basketball
Diving
Swimming
Wrestling

Freshman, JVII, JV, Varsity
Varsity
JV, Varsity
Freshman, JV, Varsity

SPRING - Begins February 22, 2010

Baseball
Golf
Softball
Tennis
Track

Freshman, JV, Varsity
JV, Varsity
JVII, JV, Varsity
JV, Varsity
JV, Varsity

Before you will be allowed to participate in athletics at Southridge High School you must complete the following:

1. PARTICIPATION INFORMATION FORM

Please complete all information on the form. You must have proof of health insurance to participate (provide information on the form).

2. MEDICAL PHYSICAL

Physicals are required two times while participating at Southridge High School, as a freshman and as a junior. This is a new state law beginning fall, 2002. If you are getting a first time (all freshman), it must be dated after April 1 of that year.

3. PARTICIPATION FEE OF \$150

All fees are required at the beginning of the sport season/tryouts, unless we need to eliminate athletes in those sports where the numbers dictate it. The fee will then be required after the team has been selected.

If you have questions, please call the athletic department at 503-259-5409. Welcome to the Southridge High School Athletic Program - Go Skyhawks!